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**INAUGURAL  
FHSAA  
STATE GIRLS WEIGHTLIFTING SERIES  
TERMS AND CONDITIONS**



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# Inaugural FHSAA State Girls Weightlifting Series Terms & Conditions

Contact: Tamara Wilsey, Administrator for Girls Weightlifting, Ext. 390 (twilsey@fhsaa.org)

In accordance with Article 9.8.0 of the FHSAA Bylaws, the following terms and conditions governing the Inaugural FHSAA State Girls Weightlifting Series have been approved by the FHSAA Board of Directors. These terms and conditions are applicable **only** to those schools that have voluntarily accepted the invitation to participate in the state series.

*[The FHSAA utilizes a standardized calendar in which the weeks of the year are numbered. This ensures consistent dates from year to year. Week 1 begins with the first Sunday in July. Thanksgiving always falls in Week 21.]*

*[The forms referenced in these terms & conditions are provided in the 2003-04 FHSAA Forms Book, a copy of which has been provided to all member schools, and on FHSAA.org as downloadable PDF and/or Word documents.]*

## 101. Important Dates

*Monday, October 27 (Week 17) – Sectional girls weightlifting meetings.*

*Monday, November 10 (Week 19) – First practice date.*

*Monday, December 1 (Week 22) – First regular season competition date.*

*Saturday, January 3 (Week 26) – Last date on which a student may transfer and represent a school in the Inaugural FHSAA State Girls Weightlifting Series.*

*Monday, January 5 (Week 27) – Inaugural FHSAA State Girls Weightlifting Series Official Entry List must be submitted to the FHSAA Office.*

*Monday-Saturday, January 5-10 (Week 27) – Sectional qualifying meets.*

*Monday-Saturday, January 19-24 (Week 29) – Sectional qualifying meets.*

*Saturday, January 31 (Week 30) – Last regular season competition date.*

*Saturday, February 7 (Week 31) – FHSAA Girls Weightlifting Finals state championship meet.*

## 102. Eligibility

### 102.01 Teams.

(1) Participation in the state series is voluntary and open to any full member senior high school varsity team provided:

(a) The school sponsors a varsity sports program in a minimum of any two (2) sanctioned sports in each of the three sports seasons (fall, winter and spring);

(b) The school successfully sponsors a varsity girls weightlifting program in the previous school year (i.e., schedules and completes a minimum of four varsity-level contests);

(c) The school's varsity team competes in a minimum of four (4) regular season varsity contests during the current season;

(d) The school notifies the FHSAA Office of its entry into the state series by the specified deadline; and

(e) The school pays the entry fee(s) established by the Board of Directors.

(2) A new member school shall not be eligible to enter a team into the state series in its initial year of membership. A continuing member school that is starting a new program or resuming a previously discontinued program shall not be eligible to enter a team into

the state series until the school successfully sponsors a varsity program for a minimum of one school year. These provisions shall not apply to newly opening traditional public high schools that join the Association in their initial two years of existence.

**102.02 Student-Athletes.** Only student-athletes eligible under Bylaw 11 and applicable administrative guidelines, regulations, policies and procedures may compete in interscholastic competition. In accordance with Bylaws 11.12.1 and 11.13.1, schools are required to certify the eligibility of their student-athletes prior to the beginning of competition and to withhold ineligible student-athletes from all interscholastic competition.

A student-athlete shall participate in a minimum of four (4) weightlifting meets on the varsity or junior varsity levels during the regular season to be eligible to participate in the state series.

Only those student-athletes who are enrolled in and are in regular attendance at a school prior to Monday, Jan. 5, 2004 shall be eligible to represent that school in the state series. Student-athletes who transfer to and enroll in a school after that date shall not be eligible to represent that school in the state series.

Girls only may participate in the state girls weightlifting series.

## 103. Entries and Entry Fees

**103.01 Entry Procedure.** All schools that had indicated to the FHSAA Office that they would sponsor a girls weightlifting program were mailed an invitation to participate form in April. The deadline for completing and returning the form to the FHSAA Office without penalty was Friday, May 2, 2003. The final deadline for entering the state series with penalty is Friday, August 29, 2003. Only those schools that accepted the invitation to participate by completing and returning the form by the deadline have been entered into the state series.

**103.02 Entry Fee.** Each school accepting the invitation to participate in the state series by the May 2 deadline has been assessed a non-refundable \$50 entry fee. Schools returning the invitation to participate form to the FHSAA Office after the May 2 deadline, but before the Aug. 29 deadline, will be assessed a non-refundable \$100 entry fee.

**103.03 Withdrawal.** To withdraw from the state series without penalty, a school must submit written notice to the FHSAA Office prior to the withdrawal deadline of Friday, Aug. 15, 2003. Withdrawal after this date will result in the assessment of a \$100 penalty.

### 103.04 Official Entry List.

(1) Each participating school must submit by fax to the FHSAA Office an "Inaugural FHSAA State Girls Weightlifting Series Official Entry List" (Form WT1 or iFHSAA) on which is listed the name of each student-athlete who will represent the school in the FHSAA Finals should they qualify. The official entry list:

(a) Must be filed by 5 p.m. Monday, Jan. 5, 2004 (late filing fee is \$50, increases to \$100 if not received by FHSAA Office by date of school's first participation in a sectional qualifying meet).

(b) May contain the names of two lifters and one alternate in each classification (a total of 30 names) of whom only 15 may

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participate in any one sectional qualifying meet. All lifters and alternates must be listed only once at their competition weight class. All student-athletes listed must have been previously reported to the FHSAA Office on an "Annual Eligibility Report" (Form EL1 or iFHSAA).

(c) Must be signed by the principal, FHSAA representative and head coach.

(d) Cannot be e-mailed

(2) Additions or changes to an official entry list once submitted to the FHSAA Office may be made only by completing and faxing the "Notice of Addition/Change to State Series Entry List" (Form AT8) and the original entry list to the attention of Dorothy Brunson, Director of Member Services, in the FHSAA Office at (352) 373-1528. The following provisions will apply:

(a) No fee will be assessed for additions/changes made prior to the official entry list submission deadline. Thereafter, an administrative fee of \$50 per addition or change will be assessed. The fee(s) will appear on the school's next monthly statement.

(b) Requests for additions or changes are permissible until the designated time for weigh-ins at the qualifying meet in which the school is participating. Once weigh-ins begin, no additions or changes may be made to the Official Entry List for that particular qualifying meet. Additions or changes, however, may be made to the Official Entry List for subsequent qualifying meets.

(c) A student-athlete whose name was not originally submitted on the official entry list is not eligible to participate in a sectional qualifying meet until the addition of her name is approved by the FHSAA Office.

(3) The head coach must carry with him/her to each sectional qualifying meet in which his/her team or individual lifter(s) participate a photocopy of his/her school's Official Entry List that has been filed with the FHSAA Office. This copy of the Official Entry List must be presented to the qualifying meet manager before weigh-ins begin. Under no circumstance shall a qualifying meet manager permit a school for which he/she has no Official Entry List to participate in the qualifying meet without the approval of the FHSAA Office.

### **104. Season and Contest Limitations**

**104.01 Practice.** First practice date is Monday of Week 19 (Nov. 10, 2003). Last practice date is Saturday of Week 31 (Feb. 7, 2004).

No practice session of any kind may be held on a Sunday.

**104.02 Contests.** First regular season contest date is Monday of Week 22 (Dec. 1, 2003). Last regular season contest date is Saturday of Week 30 (Jan. 31, 2004).

(1) Maximum number of regular season contests – 13.

(2) Maximum number of contests in a school week – 3. Not more than one of these three meets may cause a loss of time from school.

(3) No contest of any kind may be held on a Sunday except under emergency conditions in tournaments or meets that are approved by the Commissioner or the Board of Directors.

**104.03 Opponents.** Member schools shall compete only against schools that are full or affiliate members of the FHSAA, or out-of-state schools that are members of associations that regulate interscholastic athletic competition within their respective states. Out-of-state schools, however, must have eligibility guidelines comparable to those of the FHSAA, and must have an established season of competition in the sport that is concurrent with that of the FHSAA.

Competition with out-of-state schools, in some cases, may require the approval of the NFHS. See FHSAA.org for NFHS regulations on interstate and international competitions.

**104.04 Contracts.** The "Contract for Interscholastic Athletic Contest" (Form AT1) is required for all regular season contests.

Practice games, exhibition games, non-contract games and scrimmage games with other schools, groups, alumni or league teams are strictly prohibited. All such games or sessions shall be on an intra-squad basis. Non-squad members shall not participate in any team practice, match or contest.

**104.05 Student-Athletes.** Maximum number of regular season contests – 13, inclusive of all meets conducted on the varsity and sub-varsity levels. Maximum number of contests in a week – 3. Not more than one of these three meets may cause a loss of time from school.

### **105. Rules of Competition**

**105.01 Squads.** A team will be composed of not less than ten (10) lifters and not more than twenty (20) lifters. A maximum of two (2) lifters may be entered in any one weight classification. Each lifter must meet the required weight limits of the weight classification in which she is entered. Each individual lifter or team must be accompanied by a faculty member when competing in interscholastic meets.

**105.02 Weight Classifications.** Competition is limited to the following weight classifications: 101 pounds (100.9 pounds or less), 110 pounds (101.1 to 110.0 pounds), 119 pounds (110.1 to 119.0 pounds), 129 pounds (119.1 to 129.0 pounds), 139 pounds (129.1 to 139 pounds), 154 pounds (139.1 to 154.0 pounds), 169 pounds (154.1 to 169.0 pounds), 183 pounds (169.1 to 183.0 pounds), 199 pounds (183.1 to 199.0 pounds), unlimited (199.1 or more pounds).

#### **105.03 Weigh-Ins.**

(1) Lifters must be weighed one at a time with only the weight officials, the lifter and her female coach if present. Lifters may be weighed nude, or they may wear under garments.

(2) A lifter who weighs in within her weight classification may not be weighed again.

(3) A lifter who suspects she might have a weight problem may be weighed first at the request of her coach.

(4) A lifter with a weight problem will be given a maximum of one hour to make weight. A lifter may be weighed a maximum of three (3) times during the hour.

(5) After the one-hour period has expired, a lifter who has not made weight must be disqualified in her weight classification. During regular season meets only, a lifter may move up one weight classification, provided her body weight meets the minimum weight of the classification to which she is moving and not more than one other lifter from her own team is entered in that classification.

**105.04 Weight Loss.** The use of sweat boxes, hot showers, whirlpools, rubber suits, vinyl suits, plastic suits or similar artificial heating devices, diuretics and/or weight loss drugs are prohibited. The use of such devices and substances will disqualify an individual from competition.

#### **105.05 Scoring.**

(1) All weightlifting meets will be scored as follows:

- Two Teams – Score three places 5-3-1
- Three Teams – Score four places 5-3-2-1
- Four Teams – Score five places 6-4-3-2-1
- Five or More Teams – Score six places 7-5-4-3-2-1

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(2) A lifter must have a successful attempt in both the bench press and the clean for a total weight lifted in order to place or score.

(3) Any corrections in meet scoring must be made within 48 hours of the conclusion of the meet.

### **105.06 Uniforms.**

(1) Each lifter must wear a school-issued uniform. This uniform may consist of a shirt and shorts or a one-piece uniform. The shorts and/or one-piece uniform must be close-fitting, must have a four-inch or more inseam, and must not extend beyond the top of the knee. The shirt must not be cut lower in the front or back than the armpits and under the armpits no lower than half the distance between the armpit and the beltline. Proper undergarments, support and shoes with laces are required. Undergarments must not cover the elbow or extend beyond the top of the knee. All bench shirts, squat suits or any rubberized uniforms that aid the lifter are prohibited. **NOTE: Effective with the 2004-05 school year, a one-piece uniform (singlet) shall be mandatory.**

(2) Shirts must be tucked during competition (on the platform) and pants worn above the hip line. Uniforms must not be removed while in the competition area. Penalties for violations are as follows:

- First offense – verbal warning to both the lifter and the coach by the Meet Director or Judge.
- Second offense – one point deducted from team total, coach notified and lifter disqualified under unsportsmanlike conduct provisions of Section 106.
- Third offense – considered gross unsportsmanlike conduct and provisions of s. 106.03(1) enforced.

(3) Commercial advertising, with the exception of the manufacturer's logo, is prohibited on all athletic uniforms.

(4) Head gear and jewelry are prohibited.

### **105.07 Equipment.**

(1) **Platforms.** The lifting platforms must be not less than 8-feet by 8-feet and not more than 12-feet by 12-feet.

(2) **Bench.** The width of the bench must be not less than 10 inches and not more than 12 inches. The height of the bench must be not less than 14 inches and not more than 18 inches. The distance between the upright supports must be not less than 40 inches and not more than 42 inches.

(3) **Bandages.** Bandages may be worn on the wrists, knees, hands, fingers and thumbs. Bandages or substitutes for bandages are not permitted on the elbows, torso, thighs or shins. The following regulations pertain to bandages:

(a) Bandages may be made of gauze, medical crepe (athletic tape), or leather. An elastic knee-cap may be worn on the knees. Bandages of rubber or rubberized substitutes are prohibited.

(b) The maximum width of skin that can be covered by a bandage at the wrist is four inches. The maximum width of skin that can be covered by a bandage at the knee is 12 inches. There is no limit to the length of bandages.

(c) The use of plasters and bandages on both the inner and outer surface of the hands is permitted. These plasters or bandages must not be fastened to the wrists or to the barbell.

(d) The use of plasters on the fingers is permitted provided the plasters do not cover the tips of the fingers.

(4) **Gloves.** In order to protect the palm of the hands, wearing fingerless gloves is permitted (example: cyclists gloves, gymnastic palm guards). These gloves can cover only the first phalanx of the fingers. If plasters are worn on the fingers, there has to be visible separation between the plasters and the glove. Football line men

gloves are not acceptable.

(5) **Belts.** A lifter may not wear a belt which exceeds 4 inches in width. A belt may not be worn underneath the uniform.

(6) **Braces.** Braces on the knee(s) may be worn only with a written statement from a licensed physician.

### **105.08 General Provisions.**

(1) A lifter must report to the scorer's table before each attempt, giving her name, weight classification and weight to be attempted immediately prior to assuming the lifting position on the platform. Failure to follow this procedure will result in the disqualification of the results of the attempt although the attempt itself will be counted as one of the lifter's attempts.

(2) A lifter will be permitted a maximum of three (3) lifts. A lifter may take any one of her three lifts at anytime during the weight progression whether she is successful or unsuccessful at a chosen weight. The progression of weights during competition once the first lift has been attempted will be a minimum of five (5) pounds.

(3) The barbell must be loaded progressively with a lifter taking the lowest weight first. Under no circumstance can the barbell be reduced to a lighter weight once a competitor has performed a lift with the weight announced. Lifters, or their coaches, must observe the progress of the loading and be ready to make their attempt at the weight they have chosen.

(4) A lifter's first attempt must precede another lifter's second attempt at the same weight on the bar. This order must be followed continuously.

(5) A delay of two minutes must be allowed each lifter from the time her name is called by the Chief Referee until she attempts a lift. If this two-minute limit is violated, the lift must be disallowed. When the lifter attempts two lifts in succession, she will be allowed three (3) minutes for the succeeding attempt.

(6) A lifter may not have the weight changed on a barbell after she has received the final call from the Chief Referee.

(7) The use of grease, oil, water, talcum or any similar lubricant on the thighs is forbidden.

(8) The discs (weights) must be loaded with the largest disc inside the smaller discs in descending weights to the outside, arranged so that the Chief Referee can read the number on each disc. Discs must be locked on the bar by collars or clamps.

(9) A lifter who, after being inspected by the Chief Referee, puts on a belt, bandage or anything which has not been authorized during the inspection must be disqualified.

### **105.09 Bench Press.**

(1) **Procedure.** The bench press will be conducted as follows:

(a) The head of the bench must be placed on the platform facing the Chief Referee. The two Side Referees must station themselves at the best points of vantage.

(b) The lifter must lie on her back with head, shoulders and buttocks in contact with the flat bench surface. Her shoes must be flat on the floor. This position must be maintained throughout the attempt.

(c) To achieve firm footing, the lifter may use plates to build up the surface of the platform. The entire foot must be flat on this surface.

(d) If the color of the lifter's trunks and the bench top are not of a sufficient contrast to enable the officials to detect a raising of the buttocks, the bench top must be covered with a material of sufficiently contrasting color not to exceed 1-1/2 inches in thickness.

(e) Two spotters are mandatory.

(f) The spacing of the hands on the bar must not exceed 32 inches measuring between the forefingers.

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(g) No one but the lifter may handle the bar except for its removal from the rack at the beginning of the lift. After receiving the bar at arm's length, the lifter must lower the bar to her chest and await the Chief Referee's signal. If the lifter cannot fully stretch her arm due to an anatomical defect of her elbow, she must report this fact to the three referees before the beginning of the competition.

(h) The Chief Referee's signal must be given when the bar is absolutely motionless on the chest.

(i) When the Chief Referee gives the verbal signal, "Press," the bar must be pressed vertically to straight arm's length and held motionless in that position until the Chief Referee gives the verbal signal, "Rack," ending the try at which time the lifter must replace the bar.

(2) **Disqualification:** Actions that will result in the disqualification of a lifter's attempt are:

(a) Failure to observe the referee's signals at the completion of the lift.

(b) Any change in the elected lifting position during the lift proper, such as any raising movement of the head, shoulders, buttocks or feet from their original points of contact with the bench or the floor, or lateral movement of the hands on the bar. Not prohibited are movement of the toes or sliding of the feet.

(c) Heaving or bouncing the bar off the chest.

(d) Allowing the bar to sink into the chest after receiving the referee's signal.

(e) Any uneven extension of the arms at the completion of the lift.

(f) The bar stopping in the course of being pressed out.

(g) Contact with the bar by the spotter-loaders between the referee's signals.

(h) Any contact of the lifter's feet with the bench or its supports.

(i) Deliberate contact between the bar and rest uprights during the lift to make the press easier.

### **105.10 Clean.**

(1) **Procedure.** The clean will be conducted as follows:

(a) The bar must be placed horizontally in front of the lifter's legs. It must be gripped, palms downward and pulled in a continuous single movement from the ground to the shoulders while either "splitting" or bending the legs. During this continuous movement, the bar may slide along the thighs and lap. The bar, however, must not touch the chest before the final position; it must then rest on the clavicles or the chest above the nipples or on the arms fully bent. The feet must be returned to the same line, legs straight, and await the Chief Referee's signal to replace the bar on the platform. The lifter may make this recovery in her own time and have her feet on the same line, parallel to the plane of her trunk and the barbell. The Chief Referee must give the signal to replace the bar on the platform as soon as the lifter becomes absolutely motionless in all parts of the body. If the lifter cannot fully stretch her arm due to an anatomical defect of her elbow, she must report this fact to the three referees before the beginning of the competition.

(b) The technique known as "hooking" is permitted. It consists of covering the last joint of the thumb with the other fingers of the same hand at the moment of gripping.

(c) When cleaning in the "squat" or "split" position, the lifter may help her recovery by a swinging or rocking movement of her body. More than one recovery attempt is allowed.

(d) Touching the bar against the legs below the knees is permissible.

(2) **Disqualification.** Actions that will result in the disqualification of a lifter's attempt are:

(a) The referee must count as "no lift" any unfinished attempt at pulling in which the bar has reached at least the height of the knees.

(b) Pulling from the "hang" is not permitted.

(c) Touching the ground with the knee or buttocks or any part of the body other than the feet is not permitted.

(d) Cleaning in the "squat" position, or touching the knees or thighs with the elbows or upper arms is not permitted and results in a "no lift."

(e) In cleaning, if the bar touches the thighs with a visible stop, the attempt will be declared "no lift." If, however, during the pull the bar grazes or lightly slides along the thighs without stopping, the attempt will be legal.

(f) Any clean in which the bar is placed on the chest before turning over the elbows will render the attempt "no lift."

(g) Leaving the platform during the execution of the lift (e.g. touching the area outside the platform with any part of the body) is not permitted and will render the attempt "no lift."

(h) Replacing the bar on the platform before the referee's signal will render the attempt "no lift."

(i) After the Chief Referee's signal to replace the bar, the lifter must lower the bar in front of her body and not let it drop either deliberately or accidentally. She may release her grip on the barbell when it has passed the level of the waist. Dropping the bar from above the waist after the referee's signal will render the attempt "no lift."

(j) Failing to finish with the feet and the barbell in line and parallel to the plane of the trunk will render the attempt "no lift."

(k) Failing to finish with the feet and the barbell within the boundaries of the platform (e.g. the complete barbell has to touch the platform first) will render the attempt "no lift."

(l) After a successful clean, a lifter, if injured during the lift, may have two spotters assist her in lowering the bar to her shoulders. Spotters may then take control of the bar and lower it to the platform. This becomes a "no-lift."

**105.11 Resolving Ties.** In case two or more competitors should record the same total weight lifted at the end of competition, an official will refer to the scorer sheet to determine the lighter or lightest of those involved. If the tied competitors weighed the same at weigh-in, those lifters will immediately be taken from the lifting area to the nearest scales, by an official to be reweighed. The lighter or lightest competitor will be awarded the higher place and points. This procedure will be followed until all ties are resolved. If the weight is the same, those lifters' places and points will be divided.

**105.12 Suspended Contest.** A suspended contest shall be resumed from the point of interruption.

**105.13 Protests.** Protests of interscholastic contests shall not be allowed. The decision of the officials shall be final. The outcome (i.e. winners and losers) of all interscholastic contests are final, and cannot be reversed, except where the rules of the sport permit or in the case where a winner must forfeit its victory or points.

**105.14 Filming, Videotaping, Photographic Contests.** A visiting school may film, videotape or photograph its team's or contestants' performance in a contest when permission is secured from and arrangements are made with the host school principal. Videographers and their equipment must be positioned so that they do not block the view of any spectator. No representative of a school that is not participating in a contest may film, videotape or photograph all or any part of the contest unless permission to do

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so is granted by the principal of each school that is participating in the contest.

Any school violating this policy is guilty of unsportsmanlike conduct and shall be subject to reprimand and the assessment of a financial penalty by the FHSAA.

### **106. Sportsmanship and Unsportsmanlike Conduct**

**106.01 Sportsmanship.** Student-athletes, coaches, administrators, spectators and all other persons connected directly or indirectly with a member school, as well as contest officials, shall adhere to the principles of good sportsmanship and the ethics of competition before, during and after all contests in which they participate and/or attend.

Each participating school shall be held strictly accountable for unsportsmanlike conduct on the part of its competitors, coaches and spectators.

If contestants or people from any school are found guilty of carelessness or maliciously breaking, damaging or destroying property or equipment belonging to the host school or host organization, such school will be held responsible for costs incurred in replacing or repairing such property or equipment.

#### **106.02 Disqualification (ejection) for general unsportsmanlike conduct or flagrant foul.**

(1) **Student-Athlete.** Suspended from competition for remainder of contest and all contests on all levels for the following seven days, but not less than the next two regularly scheduled contests (one contest in boys football); if last contest of season, suspension is served in the next sport in which the student-athlete participates; beginning with fourth such ejection in a sport, program in that sport is placed on administrative probation and school is assessed a \$100 fine per occurrence in that sport.

(2) **Coach.** Suspended from competition for remainder of contest and all contests on all levels for the following seven days, but not less than the next two regularly scheduled contests (one contest in boys football); if last contest of season, suspension is served in the next sport in which the individual coaches; school is assessed a minimum fine of \$100 per occurrence.

#### **106.03 Disqualification (ejection) for gross unsportsmanlike conduct (Bylaw 11.11.2), or second or subsequent act of general unsportsmanlike conduct or flagrant foul.**

(1) **Student-Athlete.** Suspended from competition for remainder of contest and all contests on all levels for up to a period of six weeks; if last contest of season, suspension is served in the next sport in which the student-athlete participates; beginning with second such ejection in any sport, school is assessed a \$250 fine per occurrence.

(2) **Coach.** Suspended from competition for remainder of contest and all contests on levels for up to a period of six weeks; if last contest of season, suspension is served in the next sport in which the individual coaches; school is assessed a minimum fine of \$100 per occurrence.

#### **106.04 Restrictions on Disqualified Coach.**

(1) Must immediately leave the competition area to a place where he/she is not visible to student-athletes, officials, spectators or other coaches and where he/she cannot see the competition itself.

(2) Must not have any further contact with or give instruction to student-athletes or other members of his/her staff for the remainder of the contest; including halftime intermission; breaks between quar-

ters, periods or innings; and post-contest activities.

(3) Shall not attend any subsequent contest from which he/she has been suspended in any capacity; shall not be present at the site; and shall not accompany his/her team to the site of the contest.

**106.05 Enforcement.** It is the responsibility of local school authorities to ensure this policy is enforced. When an ineligible student-athlete is allowed to participate, forfeiture of the contest is mandatory. When a coach is allowed to coach in a contest from which he/she has been suspended, the school shall face additional penalties. When a coach is disqualified (ejected) from a contest and no other authorized school personnel are present to take charge of the student-athletes, the contest shall be forfeited. Contest officials, or host schools for contests in sports in which there are no registered officials, must report acts of unsportsmanlike conduct to the FHSAA Office using Form AT6 or iFHSAA.

**106.06 Additional Penalties.** In addition to the standard monetary penalty of \$100 for the disqualification (ejection) of a coach, a school may be assessed additional minimum fines for unsportsmanlike conduct by the coach or other school personnel as follows:

- Use of profanity or gutter language – \$150.00
- Continuing to give instruction to student-athletes or other members of the coaching staff after having been disqualified from a contest – \$150.00
- Pursuit of officials following a contest – \$150.00
- Refusal to leave the court, playing field or team area following disqualification – \$100.00
- Physical contact with an official – \$250.00
- Removal of a team or individual from an athletic contest prior to its normal conclusion – \$250.00

**106.07 Public Criticism of Officials.** No coach or other school employee may publicly criticize or berate an official prior to, during or following a contest. Professional ethics require that coaches and other school employees use proper channels to report their complaints about officials rather than airing them publicly. A minimum fine of \$50 shall be assessed a school whose coach or other employees are in violation of this provision.

**106.08 Crowd Control.** The home school administration is responsible for the control of spectators during a contest. The presence of uniformed officers is recommended. The officials assigned to work a contest are responsible for the conduct of the contest itself. In the event, however, a spectator or group of spectators interferes with the conduct of a contest or causes an official to become distracted through continual, unrelenting verbal abuse, the official should immediately stop the action and report the spectator or group of spectators to the home school administration or the nearest uniformed security officer and ask that they be restrained or removed from the facility. If the home school administration or uniformed security officer is unwilling or unable to comply and the official does not believe the contest can be safely continued, the official must declare the contest ended at that point. Under no circumstance should an official ever confront, challenge, rebuke or threaten a spectator, or make gestures of any kind toward a spectator before, during or after a contest.

#### **106.09 Banned Substances.**

(1) The use of alcohol, tobacco or tobacco-like products by student-athletes, coaches and officials is prohibited during any interscholastic athletic contest and in the vicinity of the playing field or court. A student-athlete in violation of this policy is guilty of gross unsportsmanlike conduct, will be disqualified from the contest and shall be suspended from subsequent contests in accordance with the provisions of s. 106.03(1). The official must report any violation of

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this policy by either a student-athlete or coach to the FHSAA Office. Violation of this policy by a student-athlete or coach shall subject the school to a monetary penalty. Violation of this policy by an official shall subject the official to a monetary penalty or suspension or both. For violations of this policy, a minimum fine of \$100.00 shall be assessed.

(2) The use of anabolic steroids or other performance-enhancing drugs by a student-athlete is not permissible and is considered to be an act of gross unsportsmanlike conduct. A student-athlete discovered to be using such substances shall be ineligible to compete in any interscholastic contest until such time as medical evidence can be presented that the student's system is free of those substances.

### **107. School Classification**

Competition in girls weightlifting will be held for all member schools without classification by enrollment.

### **108. Sections**

**108.01 Assignment.** Participating schools are geographically assigned to one of nine (9) sectional complexes (see FHSAA.org). Qualifying meets shall be conducted in each sectional complex during weeks of the regular season specified herein to determine the individual competitors who shall represent the sectional complex in the FHSAA Finals.

**108.02 Sectional Coordinator.** One school in each sectional complex has been designated as the sectional coordinator (see state series assignments on FHSAA.org). The FHSAA representative or his/her designee at the sectional coordinator school shall be responsible for hosting, conducting and reporting to the FHSAA Office results of the sectional meeting, including the schedule of qualifying meets to be held within his/her section and the qualifying format selected.

#### **108.03 Sectional Meeting.**

(1) Each sectional coordinator must conduct a sectional meeting on Monday, October 27, 2003. The meeting must be held at a time so that all schools in the section can have a representative present with no loss of time from school. Exceptions to this policy must be made in writing to the Associate Commissioner for Athletic Operations.

(2) The sectional coordinator must notify in writing the FHSAA representative, athletic director and girls weightlifting coach of each school in his/her section of the site and time of the sectional meeting at least seven (7) days prior to the date of the meeting. If, however, the FHSAA representative, athletic director or girls weightlifting coach at a given school has not received written notification from the sectional coordinator relative to the site and time of the sectional meeting, it is his/her responsibility to contact the sectional coordinator for the arrangements.

(3) Each school in a section is required to have one voting representative present at the sectional meeting. All decisions will be made by a majority vote of those representatives present. There can be no voting by proxy. A school that fails to have a representative present at this meeting will be assessed a financial penalty of \$50.00.

(4) The following items of business must be addressed at the sectional meeting:

- (a) Review FHSAA rules, policies, terms and conditions governing the FHSAA Girls Weightlifting Finals and qualifying procedures.
- (b) Determine qualifying meet format to be used. NOTE: Each section may choose one of two qualifying meet structures (see s. 108.04).
- (c) Determine dates and sites of qualifying meets based on

format selected.

- (d) Determine team awards to be ordered.
- (e) Determine number of platforms to be used at each qualifying meet.
- (f) Selection and compensation of officials for qualifying meets.
- (g) Determine financial arrangements. See Section 110 (Financial Terms).
- (h) Other business as should be addressed during this meeting.

(5) The FHSAA Office will mail each sectional coordinator a form on which to record the decisions made during the sectional meeting. The report form should be completed and submitted along with minutes of the meeting to the FHSAA Office and each school in the section promptly following the meeting.

#### **108.04 Qualifying Meets.**

(1) **Format.** Each section shall select one of the following two formats to be used in setting up its qualifying meets:

(a) **Open Qualifying Format:** The section may conduct several independent qualifying meets. The total weight lifted by competitors in each of these meets will be compiled by the FHSAA administrator for girls weightlifting to determine the qualifiers to the FHSAA Finals state meet.

(b) **Structured Qualifying Format:** The section may conduct a number of preliminary qualifying meets. The top lifters in each of these preliminary qualifying meets then will advance to a "lift-off meet(s)" to determine the qualifiers to the FHSAA Finals state meet.

(2) **Structure.** All qualifying meets shall be conducted according to the following provisions:

(a) Qualifying meets shall be held during the week of Jan. 5-10, 2004, or the week of Jan. 19-24, 2004, which are Weeks 27 and 29 on the FHSAA Standardized Calendar.

(b) The rules of competition as set forth in Section 105, with the exception of s. 105.01, shall apply to all qualifying meets unless modified in these terms & conditions.

(c) Each qualifying meet shall have a minimum of four (4) competing schools.

(d) A school may enter in any one qualifying meet a maximum of two (2) lifters in any seven of the 10 weight classifications and one (1) lifter in any one of the remaining three weight classifications.

(e) A school may enter lifters in a maximum of three (3) qualifying meets.

(f) An individual lifter may compete in a maximum of three (3) qualifying meets.

(g) A school may qualify lifters to the FHSAA Finals state meet only through a qualifying meet(s) held in the section to which it is assigned.

(h) Conference, county or other invitational meets shall not serve as qualifying meets.

(i) The Qualifying Meet Director shall forward to the FHSAA administrator for girls weightlifting the results of the qualifying meet for which his/her school served as host using Form WT3. The results must be certified by the signature of the head coach for each participating school to be valid.

(j) **No team standings shall be kept for the purpose of determining a "sectional team champion." Neither shall any individual lifter be recognized as a "sectional champion."**

(3) **Weigh-in Procedures.** Weigh-in procedures as stated in the general regulations section will apply except that:

(a) When a lifter weighs in she must declare the weight category that is on the official entry list;

(b) Only those lifters who are over the limits of their weight cat-

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egory may return to the scales a maximum of three (3) times to make weight during the time allocated for the weigh-in; and

(c) A lifter must lift in the weight class in which she is entered on the official entry list. After the allocated time has elapsed, a lifter who has not made weight **shall be disqualified** from participation in the meet.

### **108.05 Determination of Qualifiers.**

(1) **Number of Qualifiers.** Each section, based on the qualifying meet format used, shall qualify a maximum of three (3) lifters in each weight classification to the FHSAA Finals state meet as follows:

(a) **Open Qualifying Format:** The three (3) lifters in each weight class who lift the greatest total weight (bench press and clean combined) overall in any and all qualifying meets held within the section shall qualify for and advance to the FHSAA Finals state meet.

(b) **Structured Qualifying Format:** The three (3) lifters in each weight class who lift the greatest total weight (bench press and clean combined) overall in the “lift-off meet(s)” held within the section shall qualify for and advance to the FHSAA Finals state meet.

(2) **Breaking Ties.** In the event that a tie occurs between any two or more lifters that would result in more than three lifters qualifying for the state meet, the tie shall be broken as follows:

(a) The lifter(s) whose body weight(s) was/were the lighter/lightest on the date(s) the total weight was lifted shall be awarded the berth(s) in the state meet. This procedure will be followed until all ties are resolved.

(b) Should two or more tied lifters have the same body weight on the date(s) the total weight was lifted, the lifter(s) who recorded the total weight lifted on the earliest date shall be awarded the berth(s) in the state meet. This procedure will be followed until all ties are resolved.

(c) If a tie cannot be resolved using the procedures set forth in s. 108.05(2)(a) or (b), a lift-off between the tied lifters shall be held not later than Monday, Feb. 2, to break the tie.

In sections choosing the structured qualifying format, all ties in the lift-off meet(s) will be resolved using the procedures set forth in s. 105.11.

**108.06 Report of Reports.** The sectional qualifying meet manager must submit by fax to the FHSAA Office the results of the meet that his/her school hosted on the form provided by the FHSAA Office immediately upon the meet’s conclusion.

## **109. FHSAA Finals**

**109.01 Date and Site.** The Inaugural FHSAA Girls Weightlifting Finals state championship meet will be held at a site to be determined on Saturday, Feb. 7, 2004. FHSAA Associate Director of Athletics Tamara Wilsey, the administrator for girls weightlifting, shall be the state meet director.

**109.02 Time Schedule.** The FHSAA Finals will be run according to the following time schedule:

### **Friday, Feb. 6**

- 7-8:45 p.m. – Walk-thru.

### **Saturday, Feb. 7**

- 7-9 a.m. – Weigh-ins.
- 9 a.m. – Judges meeting.
- 9:30 a.m. – Coaches meeting.
- 11 a.m. – Competition begins.
- Awards ceremony follows the completion of competition.

**109.03 Local Management.** The FHSAA representative of the host school will be the FHSAA Finals state meet manager.

He/she will be responsible for making the necessary preparations to host the meet and for the filing of necessary reports to the FHSAA Office upon conclusion of the meet.

### **109.04 Financial Arrangements.**

(1) **Admission.** \$7.00.

(2) **Tickets.** The host school(s)/organization(s) will provide tickets for the FHSAA Finals.

(3) **Division of Receipts.** Terms and conditions for the payment of expenses and the division of net profits relative to the FHSAA Finals will be established in the provisions of the agreement between the FHSAA Office and the host school(s)/organization(s). No reimbursement of any kind will be paid to schools which qualify teams and/or individual contestants to the FHSAA Finals. Neither the FHSAA nor the host school will assume responsibility for any participating school or individual contestant expenses of any kind.

(4) **Financial Report.** A complete financial report must be submitted by the host school(s)/organization(s) so that it is received in the FHSAA Office within three weeks of the completion of the FHSAA Finals meet. The FHSAA Office will provide the form to be used in submitting the report.

### **109.05 Meet Regulations.**

(1) **Participant Credentials.** Each qualifying athlete shall be admitted without charge to the FHSAA Finals. One (1) coach credential shall be issued to a school for every five athletes who qualify for the state meet. *Example: 1 to 5 qualifiers – 1 coach credential; 6 to 10 qualifiers – 2 coach credentials; etc.*

(2) **Weight and Weigh-Ins.** A lifter shall be eligible to compete in the FHSAA Finals state meet **ONLY** in the weight classification in which she qualifies from her respective section.

Weigh-in procedures as stated in s. 108.04(3) shall apply.

(3) **State Records.** FHSAA Girls Weightlifting Records may be set only during competition in the FHSAA Finals.

A lifter who has tied a state record in her three lifts may be permitted a fourth lift to attempt to set a state record. The bar for this fourth lift must be increased by a minimum of five pounds. The time limit for this attempt must be three minutes. The results of a fourth lift must not be counted in the individual score.

(4) **Jury of Appeals.** A Jury of Appeals consisting of a minimum of three members must be appointed by the Meet Director. The duty of the Jury of Appeals is to ensure that the technical rules of competition are being applied and followed. A member of the Jury of Appeals whose team or individual lifter is a party to an appeal must step down and be replaced until the appeal is concluded. The decision of the Jury of Appeals will be final. The Jury of Appeals may not set aside any rule.

When the decision of a referee is contrary to the technical rules of competition, the Jury of Appeals by unanimous vote may grant the lifter another attempt. The lifter must make this attempt before the attempt of the next lifter.

The Jury of Appeals must make the decision in the case of an error in loading the barbell.

(5) **Technical Controller.** A Technical Controller must be appointed to assist the Meet Director in the supervision and conduct of the competition. The Technical Controller’s duties will be:

(a) To inspect and certify the competition platforms, the barbells, the electronic referee light systems, the warm-up room and other facilities before competition; and

(b) To inspect the uniforms and equipment of lifters during competition, and enforce the technical rules of competition when necessary.

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(6) **Competition Area.** Only those lifters who are engaged in actual competition may be in the competition area. All other lifters must remain in the spectator seating area.

Coaches, faculty representatives and spectators also must remain in the spectator seating area.

(7) **Unsportsmanlike Conduct.**

(a) The provisions of the FHSAA Policy on Unsportsmanlike Conduct, including suspensions for athletes and coaches who are disqualified (ejected) for such conduct, will be strictly enforced during the FHSAA Finals. Meet officials must use form AT5 to report to the FHSAA Office any disqualification (ejection) for of an athlete or coach for unsportsmanlike conduct, or other instances of unsportsmanlike conduct, during the FHSAA Finals.

(b) Unethical and unsportsmanlike conduct by competitors, coaches and spectators will not be tolerated at the FHSAA Finals. Each participating school will be held strictly accountable for unsportsmanlike conduct on the part of its competitors, coaches and spectators at the tournament site, hotels and elsewhere.

(c) Contestants: Unsportsmanlike conduct on the part of contestants involves physical or non-physical acts which may occur before, during or after competition. Such acts include actions and/or language which discredit an individual or his school. Also included are such acts as pushing, shoving, swearing, baiting or taunting an opponent, deliberately dropping or slamming weights to the platform, displeasure with a call, criticism of an opponent or an official, and disrespectfully addressing an official. The penalty for such conduct is disqualification from further competition and the forfeiture of any points scored by the individual toward his team's total.

(d) Coaches and Team Attendants: All persons affiliated with a participating team or individual are subject to the rules of conduct and will be governed by the decisions of the referee. Unsportsmanlike conduct is any act which is abusive or interferes with the orderly progress of the competition. This includes questioning the judgment of the referees, acts of disrespect toward opponents or officials, or any action which may incite negative reactions from other individuals in attendance. The penalty for such conduct is removal of the individual from the competition area.

(e) Spectators: A spectator who acts in an unsportsmanlike manner may be removed from the premises. Meet management will be responsible for the removal of a spectator, if necessary.

(f) If contestants or people from any school entered in the FHSAA Finals are found guilty of carelessness or maliciously breaking, damaging or destroying property or equipment belonging to the host school or host organization, such school will be held responsible for costs incurred in replacing or repairing such property or equipment.

(8) **Noisemakers.** Artificial noisemakers of any kind are prohibited at the FHSAA Finals.

(9) **Signs and/or Banners.** The display of signs, banners, placards or similar items at the FHSAA Finals is permitted, provided:

(a) They are in good taste and reflect good sportsmanship in their message and use;

(b) They reflect identification and encouragement to participants and their school or community, and make no reference to the opposing teams, their schools, players or communities;

(c) They are not displayed on the competition floor, or in a manner which interferes with competition;

(d) They do not obstruct the view of participants or spectators; and

(e) They are not safety hazards.

(10) **Video Equipment.** Only hand-held video cameras with their own power source will be permitted.

(11) **Failure to Compete.** A student-athlete who qualifies to the FHSAA Finals is expected to compete in the FHSAA Finals unless ill, injured, suspended due to disciplinary action, or for any other reason acceptable to the Commissioner. A school must submit in writing to the FHSAA Office the name of the student-athlete and an explanation for the inability to compete in advance of the competition whenever situations make it possible to do so.

## **110. State Series Policies**

**110.01 Administration and Management.** As specified in Bylaw 4.1.4, all state series shall be conducted in accordance with the policies established by the Board of Directors and shall be under the control, direction and supervision of the FHSAA Office.

**110.02 Enforcement of Rules & Policies.** Participating schools shall adhere to all regulations and policies governing the state series.

The determination of the host school for each event shall be conditioned in part on the school's willingness to comply with and enforce regulations and policies governing the event. This includes financial terms, as well as licensing and merchandising policies. A school that does not comply with and enforce such regulations and policies shall forfeit its opportunity to serve as host.

**110.03 Neutrality.** It is the responsibility of the host school to ensure that an atmosphere of neutrality is maintained in all state series events. Such events are not "home contests" for the host schools. Special festivities held as part of, or in conjunction with, regular season home contests (i.e., pregame activities designed to rally support for the home team, such as light shows, or give special recognition to members of the home team) are not permitted during the state series.

**110.04 Forfeitures and Vacations of Brackets, Standings.** Individuals or teams that are eliminated from state series competition by defeat by individuals or teams that later are ordered to forfeit their victory, place and/or points, are not reinstated and do not advance in the state series competition from which they were eliminated by defeat.

If championships or other placements in state series competitions are ordered vacated by individuals or teams, other individuals or teams neither advance to those placements nor receive awards for those placements.

**110.05 Passes.** FHSAA State Series Passes, FHSAA Lifetime Passes, FHSAA Student SID Identification Cards and legitimate news media credentials ONLY will be honored at state series events. All individuals who gain admittance to a state series event using a pass must record their name, signature and type of pass used on the "FHSAA State Series Contest Pass Gate Sign-In Log" (Form AT10). This pass log must be submitted to the FHSAA Office with the financial report.

**110.06 Licensing and Merchandising.** The FHSAA owns or controls all rights and interests in its name, logos, trademarks and service marks, whether registered or unregistered, including the official event logo for all FHSAA Finals events. The sale of items bearing any of these marks by a member school or organization without the written consent of the FHSAA is prohibited.

The FHSAA retains the exclusive right to produce and sell souvenir products (apparel and otherwise) at all games, tournaments and meets held as part of the state series; host schools/organizations are

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required to sell items provided by the official FHSAA event souvenir merchandiser.

The official FHSAA event souvenir merchandiser is Team IP Sportswear, Inc., of Port St. Lucie. Team IP may be reached by phone at (877) 821-8643. Team IP has been awarded exclusive souvenir merchandising rights to all state series events on the district, regional and FHSAA Finals levels in all sports. A host school/organization that desires to sell souvenir merchandise at a state series event must purchase such merchandise from Team IP. No other vendor shall be permitted to produce such merchandise. Team IP shall have the right to go on-property and sell souvenir merchandise at the site of any state series event. The host school/organization of a state series event shall grant Team IP access to its property for the event.

The host school/organization of a state series event may be permitted to sell generic merchandise unrelated to the event (i.e., apparel and other merchandise bearing the host school/organization's mark), provided such merchandise has been made available for sale on a consistent basis throughout the year and has not been produced specifically for sale at the state series event.

**110.07 Souvenir Programs.** All host schools of sectional qualifying meets that produce an official program must display on the program cover both the appropriate FHSAA sport logo and sportsmanship logo, which may be downloaded from FHSAA.org. If the program cover is preprinted, the logos must be displayed prominently inside or on the team roster inserts.

**110.08 Public-Address Announcer.** The public-address announcer shall be considered a bench official for all state series events. He/she shall maintain complete neutrality at all times and, as such, shall not be a "cheerleader" for any team. The announcer will follow the FHSAA script for promotional announcements, player introductions and awards ceremonies. Other announcements are limited to:

- Those of an emergency nature (e.g., paging a doctor, lost child or parent, etc.);
- Those of a "practical" nature (e.g., announcing that a driver has left his/her vehicle lights on); and
- Announcements that FHSAA souvenir merchandise, souvenir programs and concessions are on sale in the facility.

During the contest, the announcer:

- Should recognize players about to attempt a play (e.g., coming up to in baseball, punting, kicking or receiving a punt or kick in football, serving in volleyball, etc.);
- Should recognize player(s) making a play (e.g., "Basket by Jones" in basketball, "Smith on the kill" in volleyball, etc.);
- Should report a penalty as signaled by the referee;
- Should report substitutions and timeouts;
- Must not call the "play-by-play" or provide "color commentary" as if he/she were announcing for a radio or television broadcast;
- Must not make any comment that would offer either competing team an unfair advantage in the contest; and
- Must not make any comment critical of any school, team, player, coach or official; or any other comment that has the potential to incite unsportsmanlike conduct on the part of any individual.

The announcer should be certain of the accuracy of his/her statements before making them. When in doubt, the announcer should remain silent.

**110.09 Public-Address Announcements.** Announcements promoting the FHSAA and its interscholastic programs must be read over the public-address system, if available, prior to and during all contests in the state series. See the "Promotions and

Programs" page on FHSAA.org for the appropriate script.

**110.10 All-Tournament/Meet Teams.** No employee of the FHSAA nor the local manager may influence in any way the selection of any all-tournament/meet team, including the selection of a most valuable player or other "player of the game."

**110.11 Uniformed Security.** The local manager for a state series event is responsible for providing appropriate uniformed security at the event that his/her school is hosting.

## **111. Media Policies**

**111.01 Admission and Seating.** News media representatives planning to cover the FHSAA Finals state championship meet must secure credentials as instructed by the FHSAA Office, according to the FHSAA Policy on Media Credentials. Requests for credentials should be submitted to the FHSAA Office not later than 5 p.m. EST Monday, Feb. 2, 2004. Only those representatives requesting credentials by the deadline will be guaranteed seating and informational materials at the tournament.

**111.02 Media Rights.** The FHSAA owns all media rights to its state series events, including rights to radio broadcasts, telecasts, cablecasts, webcasts, audio and film/video rights, and commercial photography. Radio broadcasts, telecasts, cablecasts and webcasts of state series events are governed by the FHSAA Broadcast Policy. Such broadcasts, telecasts, cablecasts and webcasts must be approved by the FHSAA Office. The following provisions shall apply.

(1) The "Application for Media Rights to FHSAA State Series Event" (Form AT11) to the FHSAA Office by 3 p.m. EST on the business day preceding the event to be broadcast, telecast, or cablecast to avoid a \$25.00 late filing fee.

(2) Radio broadcast rights fees are \$50.00 per event. Tape-delay telecast and cablecast rights fees are \$250.00 per event. Rights fees for live telecasts and cablecasts shall be negotiated at the discretion of the FHSAA. The FHSAA Office shall invoice the outlet to which rights are granted. Rights fees must be paid by company check made payable to "FHSAA" and mailed directly to the FHSAA Office within 30 days of receipt of the invoice. Outlets that fail to make payment of rights fees by the deadline shall be assessed a \$25.00 late fee and may be denied rights to broadcast, telecast or cablecast future contests.

(3) The FHSAA Radio Network owns exclusive rights to the radio broadcast of all FHSAA Finals state championship events. Sunshine Network owns exclusive rights to the telecast and cablecast of all FHSAA Finals state championship events. iHigh Inc. owns exclusive rights to the webcast of all state series events.

(4) Approval of radio broadcasts, telecasts and cablecasts of state series contests by the FHSAA Office are final. The FHSAA Office shall fax to the host school a copy of the approved media rights agreement. A host school shall not permit the radio broadcast, telecast or cablecast of a state series contest that has not been approved by the FHSAA Office.

**111.03 Post-Competition Interviews.** Media accommodations at the FHSAA Finals shall be outlined in the agreement between the host school/organization and the FHSAA.

The head coach of each participant in the FHSAA Finals is required to grant interviews, within reason, to news media representatives covering the meet. Participation by athletes in interviews is voluntary and at the discretion of the athlete and head coach.

### **111.04 Restrictions.**

(1) **Access to Locker/Dressing Rooms.** The FHSAA oper-

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ates under a closed lockerroom policy at all FHSAA Finals state championship events. At no time will news media representatives be granted access to lockerrooms or dressing rooms at any state championship event. Team boxes, team benches, team huddles and dugouts are considered extensions of locker/dressing rooms.

(2) **Access to Competition Area.** Media representatives are not permitted in the competition area (i.e., within the field of play, on the playing court, etc.) at any time during a state series contest until the competition has concluded and a winner has been determined. Photographers shall honor photographer lines and designated areas when marked.

### **112. Awards**

**112.01 Team Awards.** Trophies will be awarded to the champion and runner-up team in the FHSAA Finals. There shall be no other team awards presented by outside organizations or individuals. In case of a tie for the championship, co-champions will be declared and no runner-up trophy will be awarded.

**112.02 Individual Awards.** Medallions to be awarded to the first eight placing individuals in each weight classification will be furnished by the FHSAA Office. Medallions to be awarded members of the champion and runner-up teams also will be provided. There will be no other individual awards presented by any organization or individual.

**112.03 Awards Ceremony.** A formal awards ceremony will be conducted at the FHSAA Finals following the conclusion of the competition.

### **115. Officials**

**115.01 Number.** Three (3) officials must be in attendance at each platform. The officials must include a Chief Referee and two Side Referees.

#### **115.02 Responsibilities.**

(1) The Chief Referee must give an audible and visible signal at the start and completion of each lift. He/she must be seated in front of the platform.

(2) Before the meet, the Chief Referee must verify:

(a) That platforms and equipment meet specifications;

(b) Scales are accurate;

(c) Lifters weigh in during the time specified for their weight category; and

(d) That uniforms, belts and bandages are legal.

(3) During the competition, the Referees must ascertain that:

(a) The weight of the barbell agrees with the weight announced by the Chief Referee;

(b) Nobody but the lifter handles the barbell during the execution of the lift; and

(c) Only the lifter or the loaders move the barbell to a new position on the platform.

(4) All signals by the officials (lights, hands, board, etc.) for a good or bad attempt must be given simultaneously on the Chief Referee's command "Signal." The Chief Referee has the authority to stop a lifter's attempt while in progress who has committed a violation on an attempt that would not be successful were she to continue her attempt.

(5) When the Side Referee sees a serious fault during an attempt in the clean, he/she must raise his/her hand to call attention to the fault. If there is agreement from the other Side Referee or the Chief Referee, this must constitute a majority opinion and the Chief Referee must stop the lift.

(6) The referees must indicate their judgment of the lift by giving signals. A "good lift" is signified by one of three ways – white lights, a thumbs up or a green board. A "no lift" is signified by red lights, a thumbs down or a red board.

(7) After the completion of each lift, the Chief Referee must make known the referees' decision, if there is no system of lights. He/she consults with the other two referees and announces the decision resulting from his/her own and from those of his colleagues by announcing "good lift" or "no lift." He/she does not have an overriding vote.

(8) When the Chief Referee gives an audible signal "lift" in the bench press, the bar is pressed vertically to straight arm's length and held motionless until the Chief Referee's audible signal "rack" to replace the bar.

(9) After the completion of the clean, the Chief Referee must say "down" while at the same time motioning downward with an extended arm. However, the lift isn't complete until the bar is returned under control to the platform.

(10) A referee must not attempt to influence the decision of another referee.

**115.03 Protests and Appeals.** The decisions of the officials are final. No protests will be allowed. However, when there is a referee's decision contrary to the technical rules, the Jury of Appeals, by unanimous vote, has the right to grant another attempt to the lifter. This attempt will be executed by the lifter before the attempt of the following lifter.

#### **115.04 Selection and Payment.**

(1) **Sectional Qualifying Meets.** Officials for sectional qualifying meets shall be selected, and their compensation determined and paid, by either the representatives present at the sectional meeting or by the host school of the respective qualifying meets.

(2) **FHSAA Finals.** Officials for the FHSAA Finals state meet shall be selected by the Meet Director and paid from the budget approved for the state meet. The fees to be paid to each official shall be a maximum of \$55 based on 10 hours of work.